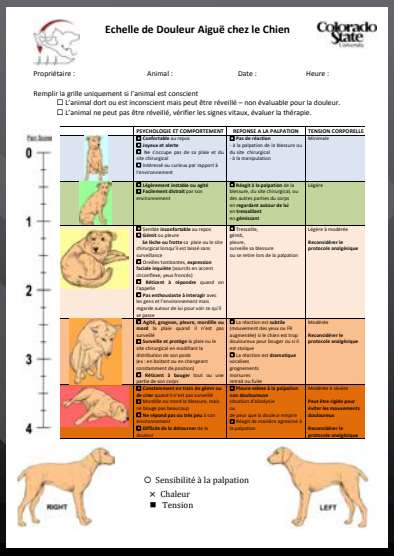
EVALUATION DOULEURS AIGUES



1

APPROCHE DES 4 COMPOSANTES DE LA DOULEUR

Type Qualité
Brûlure piqûre décharges
Intensité
Légère modérée sévère intense
Localisation
Somatique viscérale
Temps Durée
Continue brève paroxystique

Composante Sensoridiscriminative

Désagréable
Pénible
Supportable
☞ Anxiété
Dépression

Composante Emotionnelle

Attention
Diversion
Anticipation
Interprétation
Décision

Composante Cognitive

Fight - Flight - Freeze
Sous influence apprentissage environnement

Composante Comportementale

Vécu douloureux
Environnement

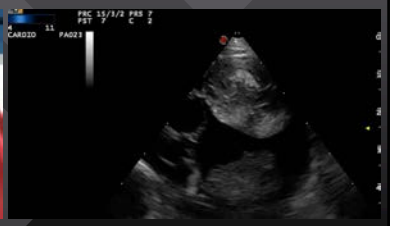
2

Composante Comportementale

Impact
Qualité de vie ?

Vocalises

Gémissements
Grondements
Hurlements



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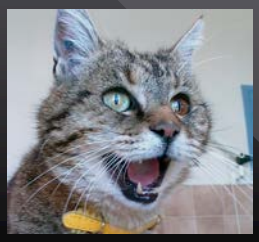
Composante Comportementale

Impact
Qualité de vie ?

Vocalises

Gémissements
Grondements
Hurlements



4

Composante Comportementale

Impact
Qualité de vie ?

Vocalises

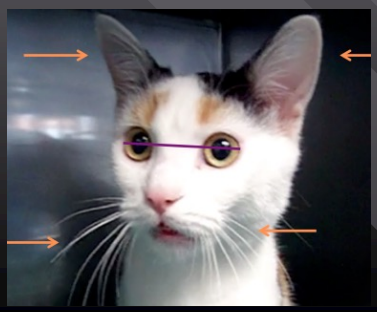
Gémissements
Grondements
Hurlements

5

Composante Comportementale

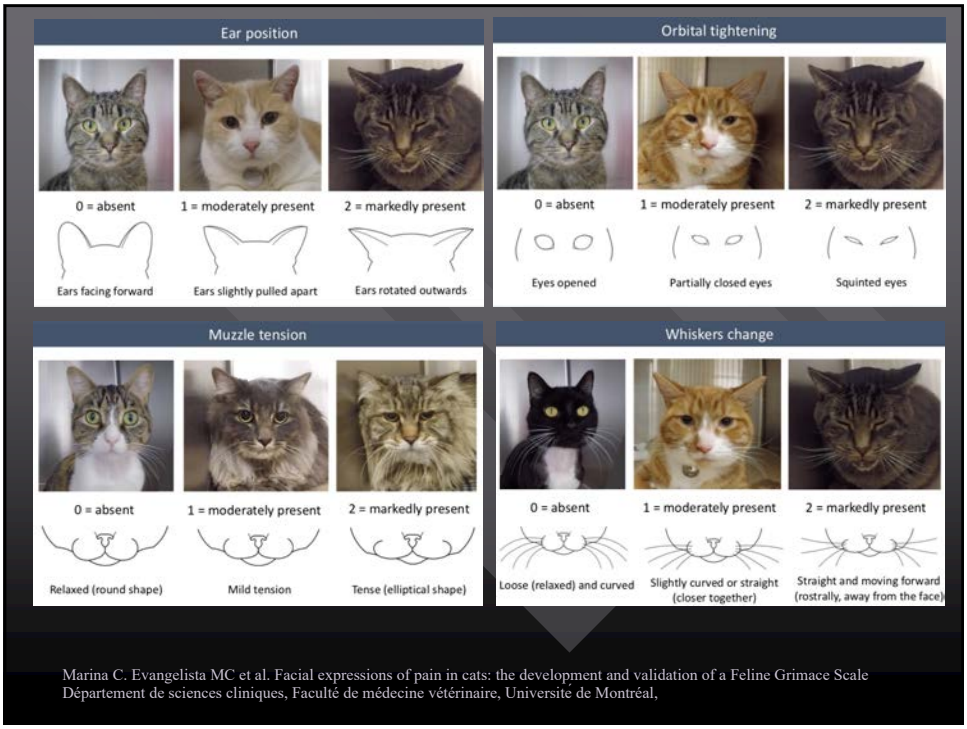
Impact
Qualité de vie ?

Expressions faciales



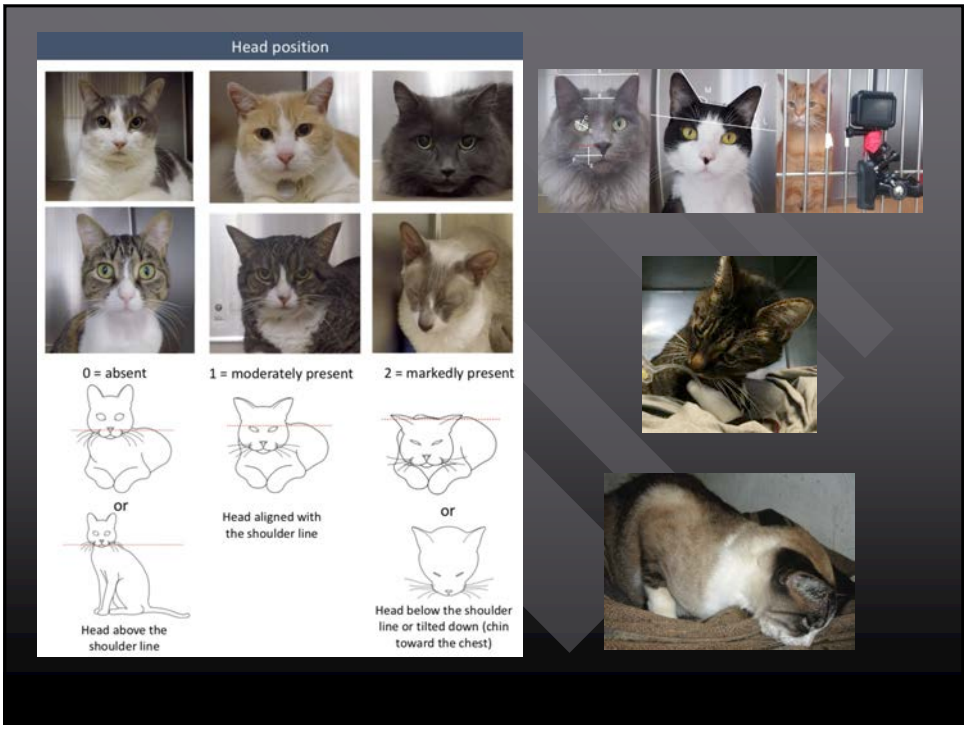
« à l'écoute de l'environnement » : Oreilles dressées - Pavillons orientés vers l'avant - Frémissement des vibrisses

6



Marina C. Evangelista MC et al. Facial expressions of pain in cats: the development and validation of a Feline Grimace Scale
Département de sciences cliniques, Faculté de médecine vétérinaire, Université de Montréal,

7



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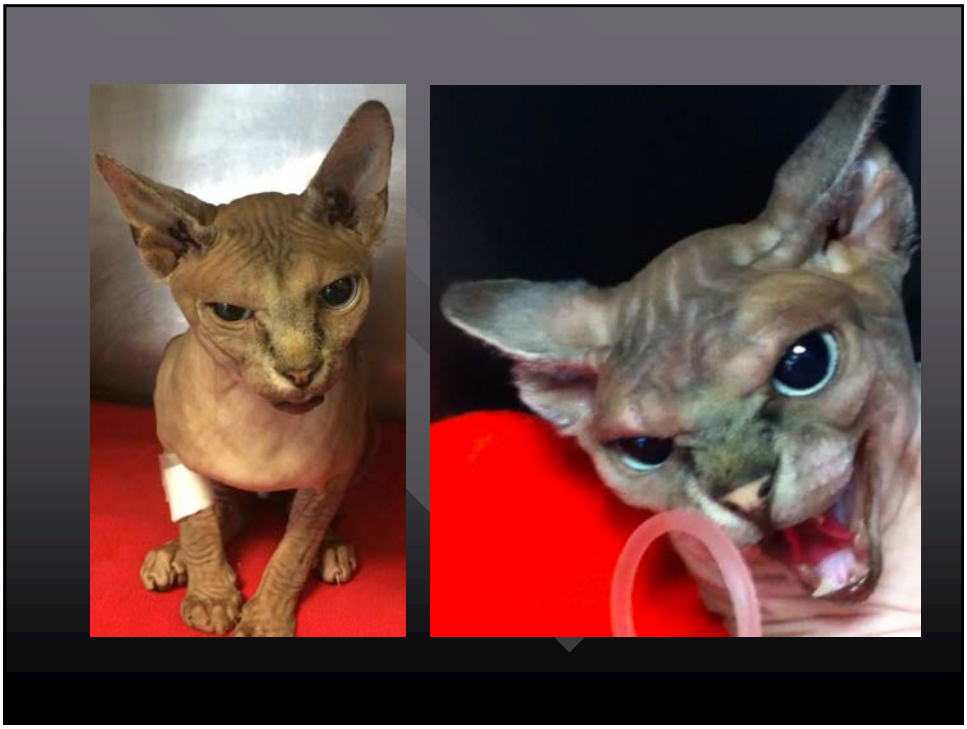

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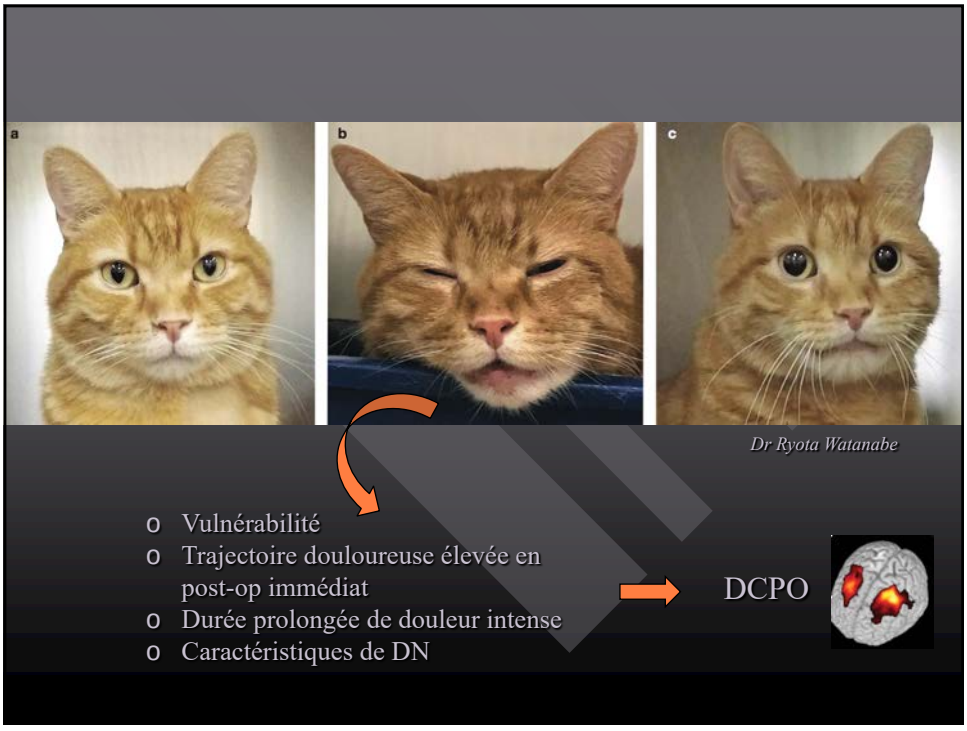

a
b
c
Dr Ryota Watanabe
Vulnérabilité
Trajectoire douloureuse élevée en post-op immédiat
Durée prolongée de douleur intense
Caractéristiques de DN
DCPO

10

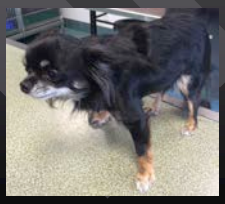
Composante Comportementale

Impact
Qualité de vie ?

Attitudes Postures

Tête basse: Cervicalgie
Queue basse: Sacralgie proctalgie

Soustraction d'appui
Cyphose
Abdomen levretté
Position du prieur

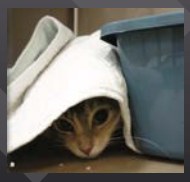


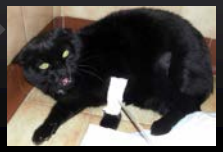
11

Composante Comportementale

Impact
Qualité de vie ?

Attitudes Postures





12

Composante Comportementale

Impact
Qualité de vie ?

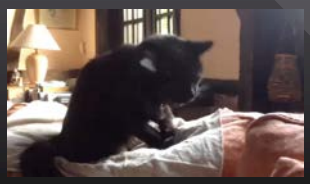
Expressions motrices

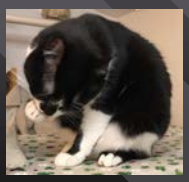
13

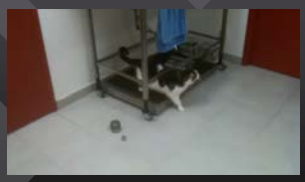
Composante Comportementale

Impact
Qualité de vie ?

Expressions motrices





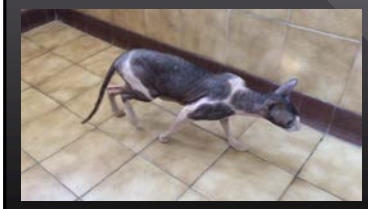


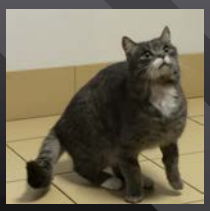
14

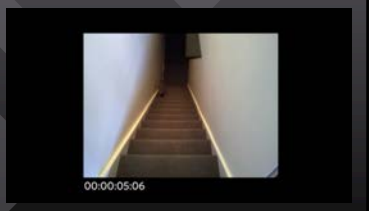
Composante Comportementale

Impact
Qualité de vie ?

Expressions motrices





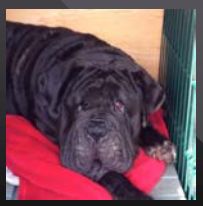


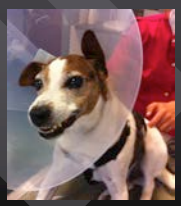
15

Composante Comportementale

Impact
Qualité de vie ?

Répercussions sociales





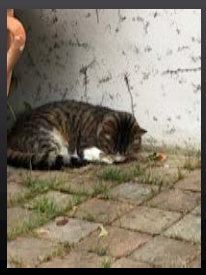
Anxiété
Dépression
Altérations sommeil
Absence toilettage
Dermatite de léchage
TOC
↓ Jeux
Refus de contact
Agressivité
Instrumentalisation
Troubles hiérarchiques

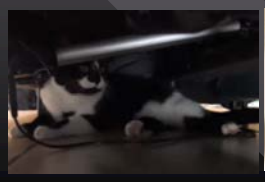
16

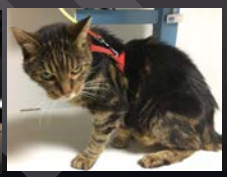
Composante Comportementale

Impact
Qualité de vie ?

Répercussions sociales







17

Composante Comportementale

Impact
Qualité de vie ?

Vocalises

Attitudes Postures

18

Composante Comportementale

Impact
Qualité de vie ?

Vocalises

Expressions motrices

19

Composante Comportementale

Impact
Qualité de vie ?

Vocalises

Attitudes Postures

Expressions motrices

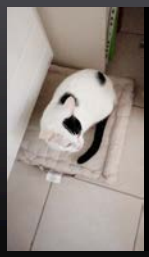
Répercussions sociales

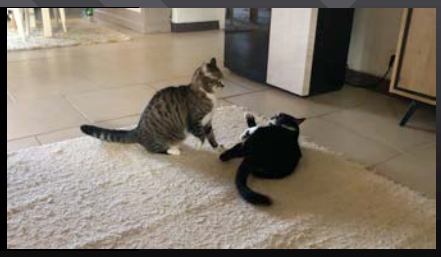
20

Composante Comportementale

Impact
Qualité de vie ?

Vocalises | Attitudes Postures | Expressions motrices | Répercussions sociales

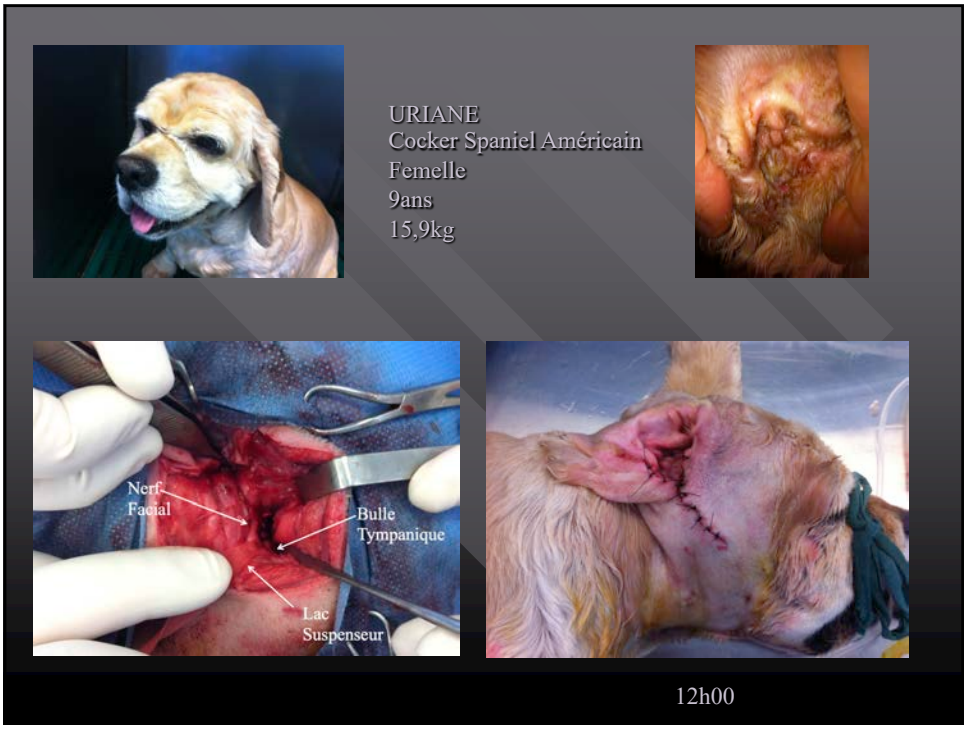




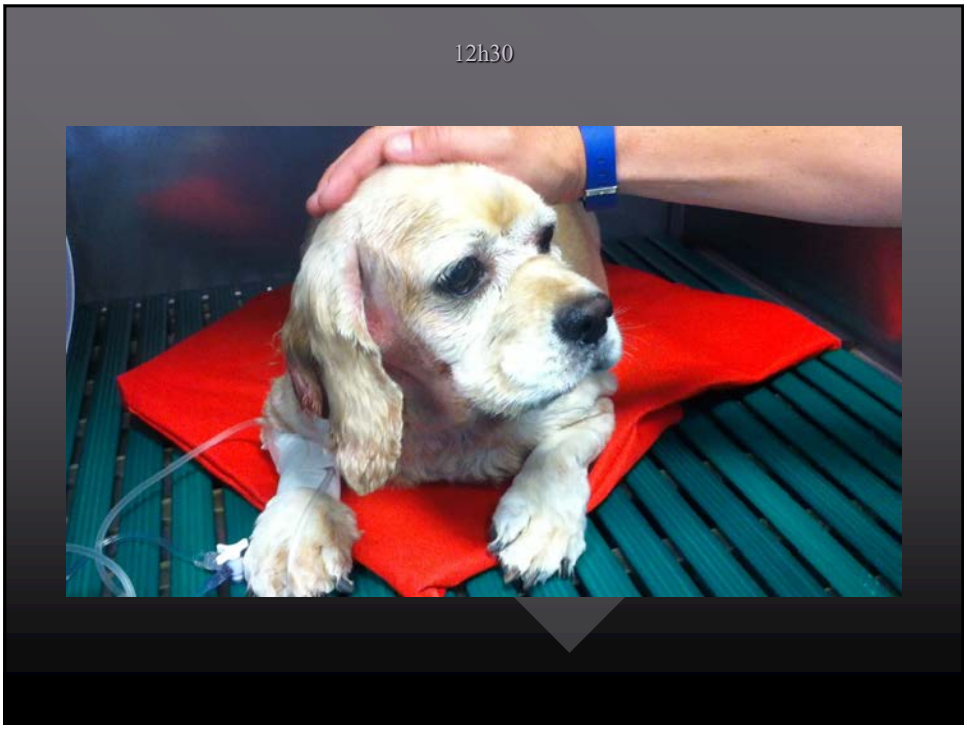
21

Observations avec interactions après la chirurgie

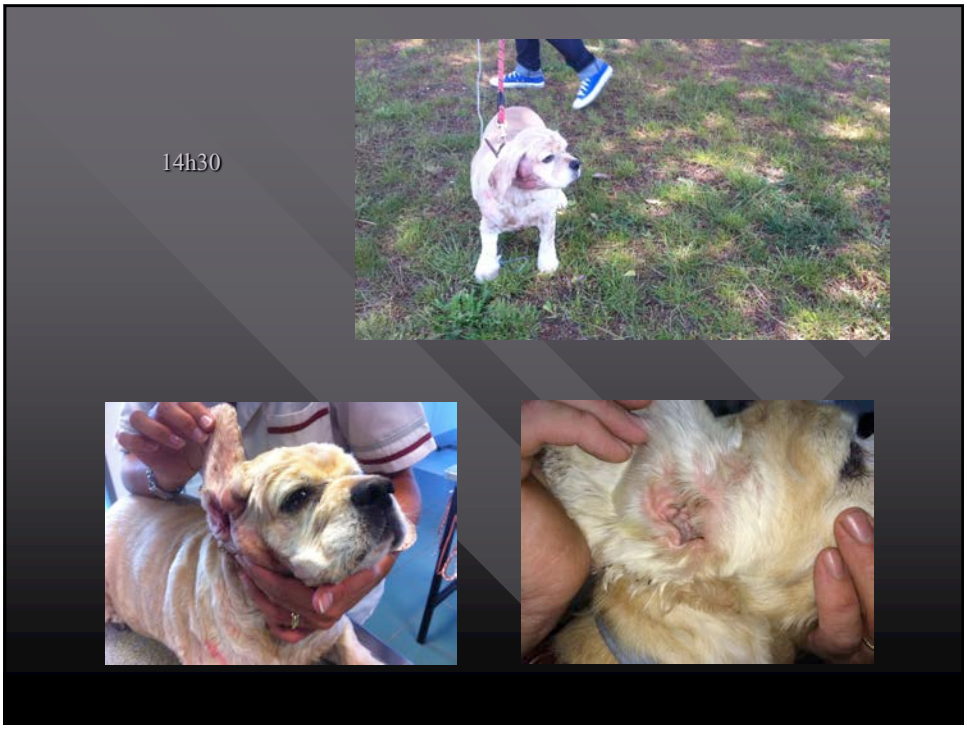
22


URIANE
Cocker Spaniel Américain
Femelle
9ans
15,9kg
Nerf Facial
Bulle Tympanique
Lac Suspenseur
12h00

23


12h30

24



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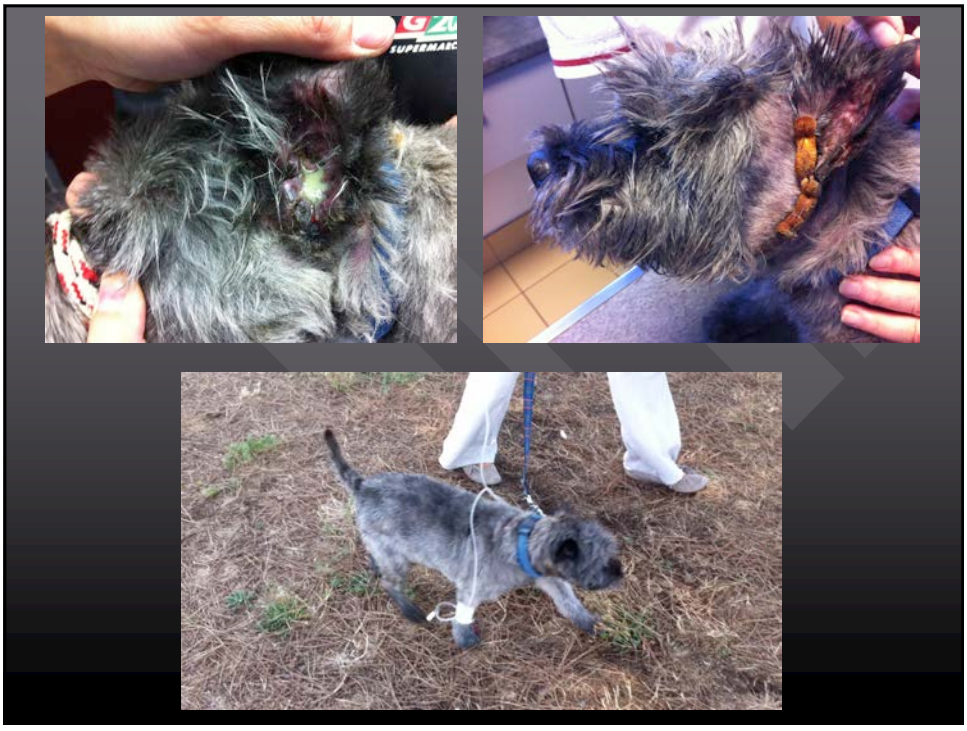

26

PO + 10 mn

PO + 12 mn

27

Réveil avec cris et agitation… Désorientation !

- Douleur ?
- Plutôt dysphorie (excitation non contrôlée)
- Liée au réveil
- Etat confusionnel
- Faire Médétomidine 5 µg/kg
- Opioïdes ? Risque d'↑ la dysphorie

28

Evaluation de la douleur post-opératoire

Intensité de la douleur post-opératoire immédiate corrélée avec incidence DCPO

29